# **Barry University Fire Academy**

# **Academy Entrance Physical Agility Test (PAT)**

# Saturday- May 3, 2025- Cost \$75.00

## Location: 3400 North 56<sup>th</sup> Ave, Hollywood Florida 33021

## **Registration Application**

# Only completed and legible PDF application will be accepted. No pictures and no screen shots. Use checklist and make this first page of your PDF attachment. One PDF attachment with all documents included.

## The following required attached registration forms must be completed and

\$75.00 fee must be paid for before being able to test for the PAT

- 1. Application for Admission- Fire Academy Program- certificate program
- 2. Continuing Education Registration Form (FFP-100 PAT)
- 3. Barry University and Hollywood Fire Rescue Hold Harmless Release for PAT
- 4. Attach Copy of Driver's License and Insurance Card
- 5. Attach a copy of EMT certificate, license, or 40 hour first responder course, or intended completion date

Please check the following items so we have your information on file once you have passed the agility test.

- Shirt Size
- Short size
- VA student
- Florida Prepaid
- Read the Student financial responsibility section
- Read the Withdrawal policy and initial
- Sign and date the form

All forms must be filled out and sent as one PDF attachment back to both <u>tmalvin@barry.edu</u> and <u>balderson@barry.edu</u> Once you have completed the forms please email them and you will receive an email back with your student ID, payment instructions and Barry email set up instructions (If you are a present Barry student please use your Barry email for all correspondence). Your Barry email will be used for all correspondence and how you will be notified of class acceptance.

## CONTINUING EDUCATIONREGISTRATION

STUDENT ID or Last 4 Digits of SSN	LASTNAME			FIRSTNAME				MIDDLE INTIAL
EMAIL					TERM		25/C1	
D.O.B	/ /				SEX		Male	Female
HOME PHONE				CELL/W	ORK PHON	E		
MAILING ADDRESS								
CITY, STATE					ZIP			
Emergency contact information	n and pho	one						
dicate your hirt size:	XXL	XL	L	M	<u>    s     </u>	XS	Other	
ease indicate your short size:	XXL	XL	L	M	<u>s</u>	xs	Other	
VA Benefits:	Yes			No			_	
Florida Prepaid:	Yes	YesNo					_	

<u>Student Financial Responsibility:</u> Registration constitutes a financial agreement between you and Barry University. Students assume responsibility for all costs incurred as a result of enrollment at the University.

<u>Withdrawal Policy</u>: Withdrawal from a course, with refund of tuition, is permitted seven (7) days prior to the course start date. Refunds may not be processed until a written request is received. After that date, there is no refund of tuition, and the full tuition is the financial responsibility of the student. If we are asked to bill a company and the registrant does not attend, the company will be billed unless the registration is cancelled in advance. Barry University reserves the right to cancel any class because of insufficient

Registration. (Initial).

## Course to Add:

Course Code	Course Name	Faculty	Location	Cost
FFP-101	(PAT) Physical Agility Test	B. Alderson; F. Galagno		\$75.00
			MAY 3, 2025	
			07:30 AM	

Registration will be limited on a first-come first-served basis. A confirmation e-mail and map indicating exact location will be sent one week prior to the start of the course. If you register late or do not receive a confirmation e-mail by the end of the week before the start of the course, be certain to call (305) 899-3352 for important details.

Student Signature:

# **Barry University**

#### Barry University FIRE/EMS Office

15900 Pines Blvd, Suite 200, Pembroke Pines, FL 33027 Phone: 305•899-3352 - or 954-443-0561

	Email:					
Name:	Fii	rst Mi	ddle			
Mailing Address:	reet Apt#	City	State	Zip	Country	
Home Phone: (		ell Phone: (		·		
Present Employer:		<u> </u>		 ion:		
Citizenship: U.S. D Other [	) If other, specify:	T	ype of Visa:	Registratior	Number:	
Date of Birth: Month Da	y Year	_		ts of Social Security (For identification purpose	Number:s only)	
High School Attended:			Date of Gra	aduation or GED:		
College Attended:	(If applicable)		Dates Attended/Degree:			
Have you ever been convicte conviction(s), nature of the o		D No D If y	ves, explain the ci	rcumstance including	g the number of	
Have you previously attend	ed Barry Universi	ty? Yes D N		Attended:		
Student ID if previous Barry	/ Student					
				elationship:		
Emergency Contact:			- <u> </u>			
Emergency Contact:			Re Re Te	lephone: (		
Emergency Contact:	d start date:	tion is complete a	E Re Te Te How did your and accurate. I ag	elephone: ( ou hear about our pro	gram?	
Emergency Contact: Address: Please indicate your intended	d start date: ven in this applicat ncy Management 3	tion is complete a	E Re Te Te How did your and accurate. I ag	elephone: ( ou hear about our pro	gram?	

Barry University shall not discriminate on the basis of race, religion, sex, national or ethnic origin or physical limitation in the admission of its students.





## CITY OF HOLLYWOOD FIRE RESCUE AND BEACH SAFETY DEPARTMENT IN CONJUNCTION WITH BARRY UNIVERSITY HOLD HARMLESS AGREEMENT FOR THE TRAINING CENTER

I, \_\_\_\_\_\_, the undersigned do hereby request permission from the City of Hollywood Fire Rescue and Beach Safety Department and Barry University to participate in the Physical Agility Test (PAT) at the training facility located at 3400 North 56<sup>th</sup> Avenue, Hollywood, Florida. I hereby understand that this training will include but not be limited to rigorous physical functions and ability tests. I hereby agree to obey at all times all instructions, orders, and commands given to me by the instructors conducting the training and tests. I fully realize and appreciate the possibility that I may be exposed to the danger of physical harm or injury. I nevertheless freely and voluntarily accept these risks.

Wherefore, in consideration of being granted permission to participate in the City of Hollywood Fire Rescue and Beach Safety Department and Barry University Physical Agility Test (PAT), I hereby personally assume all risks in connection with such Activities and the program, and I further release the City of Hollywood and Barry University, and its instructors from any harm, injury, or damage which I may sustain while performing and participating in the training and related activities, whether foreseen or unforeseen, and further to save and hold harmless said parties from any claim by me, or my family, estate, heirs, or assigns arising out of my said activities and participation in the program.

I further state that I am of lawful age and legally competent to sign this affirmation and release, that I understand the terms herein are contractual and not a mere recital, and that I have signed this document of my own free act. I further acknowledge that I am familiar with the contents of this affirmation and release.

Signature of Applicant				Date of Birth	
Address				-	
Telephone Number					
STATE OF					
COUNTY OF					
On this, thec	lay of	, 20, bef	ore me, the	undersigned N	otary Public of
the State of	the for	regoing instrument wa	as acknowle	dged by	,
who is personally knowr identification and whom		· ·			as

Notary Public

## Academy Entrance Test to get into the Fire Academy Class

## Physical Ability Test (PAT)

Test Location: Hollywood Fire Rescue Training Center

3400 North 56<sup>th</sup> Avenue Hollywood, Florida 33021

### **IMPORTMANT INFORMATION**

- Print Academy Physical Ability Test outline
- <u>All Students MUST register and PAY</u> for the PAT test prior to test date.
- Make payment by calling 1-866-895-5003 and reference your student ID
- Registration closes the Friday before the testing date
- Hold Harmless agreement MUST be notarized

### **IMPORTANT REMINDERS**

- Academy PAT test starts at 7:30 am
- Students MUST have photo ID to test
- Wear Appropriate clothing
- Bring a towel
- Bring water and a snack

## ACADEMY PHYSICAL ABILITY TEST (PAT)

Barry University Fire Academy Physical Ability Test (PAT) is based upon a comprehensive job task analysis, these determined tasks that are deemed critical, ones performed frequently by firefighters.

The On-Target Combat Test was developed by Paul O. Davis, PhD and Charles Dobson, PhD of ARA/Human factors, Inc. This validated job simulation test is used to objectively measure firefighter's performance. The tasks are performed sequentially, and accurately reflect the metabolic demand imposed on a firefighter during actual emergencies.

ARA/Human Factors, Inc. have monitored heart rate responses and pulmonary requirements for these and other firefighter activities. Not all fires are the same, and it is possible to anticipate every emergency scenario. However, a firefighter who can complete the tasks listed below within the recommended time frame possess the level of fitness necessary to meet most emergency demands.

The On-Target Combat Task test is done wearing a 22-pound weighted vest on. The events are done sequentially and must be completed within 8 minutes. The clock does not stop until all five events are completed. However, a candidate should pace Him/Her self and no running is allowed at any time during the entire test.

## This ability test is designed so a candidate must walk at all times.

## AUTOMATIC FAILURE WILL OCCUR IF:

- 1. The 8-minute time frame is exceeded. At this point, the clock will stop and the test is completed for that individual.
- 2. Equipment is abused by unnecessarily dropping a nozzle, hose, or sledgehammer on the ground. All equipment shall be properly set on the ground.
- 3. Failure to comply with specific instructions given by the staff of the Barry University Fire Academy.
- 4. Unauthorized stops are made.

## **ON-TARGET COMBAT TEST:**

### **TASK-1 High-rise Stair Climb Evolution**

Start at the base off the stairs on the ground. The High-rise hose pack shall be place on the left shoulder. The free right hand is to be used on the handrail for balance only.

NOTE: The handrail cannot be used to pull yourself up or pivot around landings.

Contact must be made with every step. Do not skip a step ascending or descending. The hose pack must be deposited on the fifth-floor landing. At the top of the fifth-floor landing lay the hose down and proceed over to TASK-2 Hoist Evolution. Once completed return to the fifth-floor landing and pick up High-rise hose pack and continuing back to the ground.

### TASK-2 Hoist Evolution

At the fifth-floor landing walk over to the edge of the roof and grab the rope. Stand behind the red line and use a hand over hand method to pull the rolled 2 ½ inch SO-foot hose to the top of the railing. Walk forward, lift the hose of the hose roller, and place it on the floor.

NOTE: Do not place your feet on the wall or railings - Stay away from the edge when pulling rope.

Return to fifth-floor landing, pick up High-rise hose pack, place it back on your left shoulder, and continue down the stairs to the ground.

### **TASK-3 Forcible Entry Evolution**

Position both feet on the diamond plate so your toes are even with the weighted slide. Bend forward so you can see the end of the slide at all times. With a ten-pound sledgehammer, using short hard strokes, drive the slide to the other end and the instructor will advise you once you have reached that end.

NOTE: The body must be kept in the bent forward position and the eyes on the target at all times. The hammerhead cannot be raised higher than the 10 o'clock position, and the hands must not move on the hammer handle.

Carefully set the hammer down and proceed to the Hose Advance Evolution.

## **TASK-4 Hose Advance Evolution**

Pick up the nozzle and place it over either shoulder and drag a charged 1 <sup>3</sup>/<sub>4</sub> "inch hose line straight forward 75 feet. The evolution is finished when the nozzle completely crosses the line between the cones. If you should slip, get up and continue.

NOTE: Hands should be placed on the hose or coupling, not the nozzle and the nozzle should not hit the ground.

Once you cross the finished line, place the nozzle on the ground and walk over to the Victim Rescue Evolution. Automatic failure will occur if the nozzle is dropped to the ground.

## **TASK-5 Victim Rescue Evolution**

Grab the hose that is attached to the 175-pound victim and drag it, walking backwards only, 100 feet to the marked finish line. Your test is completed when the victim completely clears the finish line.

NOTE: If you slip, get up and continue.





Student Name

\_\_\_\_Copy of DL (Front and Back)

Copy of EMT certificate, EMT license, or copy of 40-hour first responder course. If in an EMT class presently state name of school and estimated completion date

\_\_Copy of HS Diploma, GED, or College Transcript

\_\_\_\_Copy of Health Insurance (Front and Back)

<u>Copy of Continuing Education Registration Form for PAT</u>

\_\_\_\_Copy of Hold Harmless- must be notarized

\_\_\_\_Copy of Application for Admission- Fire Academy program