



STRONG & INDEPENDENT

BARRY UNIVERSITY HONORS PROGRAM



LATEST NEWS:

The Honors Program Advisory Board Welcomes Sophia Jauquet and Sean Chin Loy as members of the board.

THIS ISSUE CONTAINS:

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GREETINGS FROM NEW HPSAB MEMBERS

Grace Steffan:

This newsletter is a collaborative effort of many different writers, making the topics of these articles so diverse. There is an article that interests everyone. This is why it is so important for Honors Students to write articles, it not only diversifies the content of the newsletter, but allows the writer to explore something they are passionate about and express it to other Honors Students, the Honors Program Community, and beyond who read the newsletter.

Brendalis Puig:

Even when you feel like you are walking through a dark tunnel with no end, like you are lost, don't forget that nothing lasts forever. Look for the light because there is always a light at the end of the tunnel. What may seem like an eternity is actually only a brief time. Even when you hear everyone around you telling you to give up on your dreams, never let anyone cut off your wings and always make sure to first listen to yourself. Whenever you feel exhausted, take a small break, and when life gets monotonous, remember to do something you enjoy.

Emilyanne Eckardt:

Being a college student can be a stressful thing. Between juggling school work, jobs, family, and relationships, there is often little time to reflect on the good things in life. However, taking a moment to reflect on the positive things in life can help to bring you a bit of peace. There are bright spots in even the darkest times and we should all take a moment to acknowledge them.



Alumni News

HEAVEN LASTER-TORRES
BY SHANIEYA HARRIS

INTERVIEW



STUDY ABROAD

DESTINATION: UNITED KINGDOM 2022

Heaven Laster-Torres decided to do something that would enrich her college experience and her life forever.

Heaven expressed that the process was a bit tedious for her at first to get a spot to study abroad. There were about 20 locations to pick from and all she knew was that she wanted to pick a place that spoke English. It would make the communication process simpler once she arrived.

When she first arrived at the airport, she was extremely nervous. She called her friends and family before boarding the plane for comfort.

Once she arrived in the UK, she was fearful. Heaven expressed, "I was the last of my roommates to move in. I didn't know what to expect when I arrived, and each bed had been made up already."

Lucky for her, Heaven met her first suitemate who was very nice, and just like Heaven, a California native.

The first two days were nerve-racking but as she started the program, her anxiety subsided.

Her favorite things in the United Kingdom are the tube (a subway station), the greenery, and the culture.

She loved that she could get anywhere quickly and in a clean travel environment. It was even easier to walk to destinations than in other places she has visited. As for greenery, there were a ton of parks everywhere she went. She noted that there was a park in every single borough. Her favorite was Hyde Park located in Kensington. She recalls having many picnics with her newfound friends.

The most valuable lesson she learned while abroad was that if you are with the wrong crowd, it can shatter your experience. When traveling, meeting new people plays a big role in your overall experience. It's important to be mindful of the company you keep. Although she was lucky to meet such kind people, Heaven witnessed others who didn't enjoy their experience.

She ends by saying, "If you want to study abroad, choose a country that you will be the most comfortable with because it is already a super scary experience in itself. Do your research. Especially if you go to a country where you're not familiar with any of the laws, the people, the way of life or the language & the customs, it's going to be a huge culture shock. Culture shocks are usually good, but sometimes they can be a little bit too overwhelming."

Racial Wealth Gap Simulation

By Virginia Rivas & Brendalis Puig

For the February 25th Honors Program's Scholarship Engagement, the HP community was able to participate in the Racial Wealth Gap Simulation presented by Florence French. Ms. French is the Senior Regional Organizer for Bread for the World, a faith-based non-profit organization that takes an advocacy perspective in ending hunger and poverty in the United States.

The racial wealth gap simulation is an interactive tool consisting of white participants and black participants who have lost opportunity, property, and money cards. Although the event was a simulation, it is important to note that it is based on real-life experiences which have contributed to racial inequality, hunger, and poverty in the United States.

The simulation highlighted specific laws and policies dating all the way back to 1865 which restricted millions of African Americans from economically and socially advancing in society. Some examples of specific laws which restricted African Americans include The National Housing Act of 1934 which refused federally backed loans and home mortgages to African Americans, The Social Security Act of 1935 which excluded farmworkers and domestic workers, who were predominantly Black, from receiving old age and unemployment insurance and the G.I. Bill which excluded Black veterans from receiving low-cost home mortgages, low-interest business loans, tuition assistance, and unemployment insurance. Some present-day policies which were discussed included The War on Drugs and Employment Discrimination.

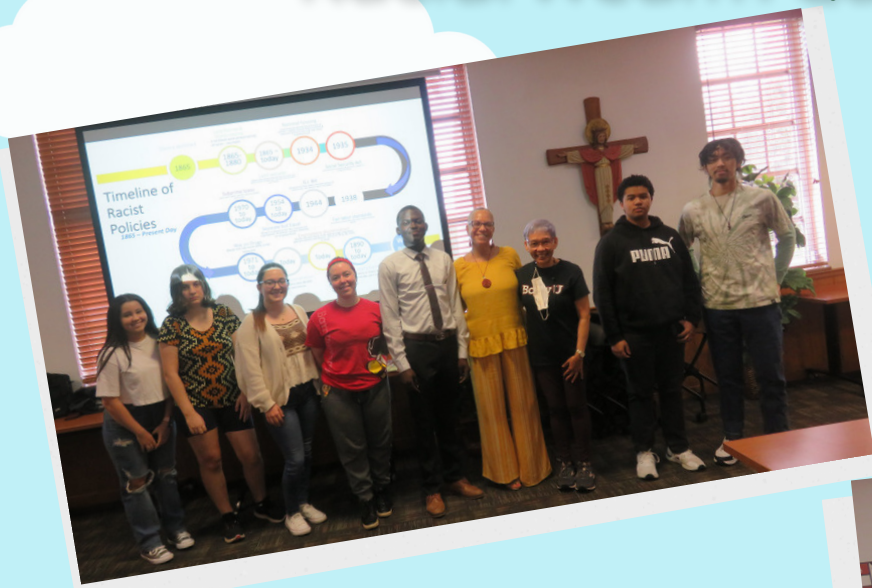
The simulation was a very eye-opening experience because it highlighted the racial inequities in the United States and how these policies have increased hunger and poverty in communities of color. Through this experience, we were educated on how racial equity is so important in ending hunger and poverty in the United States and how we can act to promote racial equity, dismantle racism, and reduce hunger and poverty in the United States.

The interactive part of the simulation is what made the Racial Wealth Gap Simulation such an engaging event. Rather than just having a presentation, interacting using the lost opportunity, property, and money cards and seeing the disparity between the White and African American community truly helped us absorb the information. With every round students could see how every law negatively impacted only the African American community and benefited mostly the white community. There is no inclusion nor equity when something was made to favor only certain individuals. We should all have the same opportunities and access to the resources that we need regardless of the color of our skin.

One of the most important parts of the event was at the end when we were instructed by Ms. French to write letters to local senators and state representatives and urge them about the importance of passing the Farm Bill in the state of Florida. The Farm Bill aims to support strengthening the Supplemental Nutrition Assistance Program (SNAP), promoting a more equitable food system, and eradicating food insecurity by building a more sustainable food system in the state of Florida.

Without a doubt, the experience of the Racial Wealth Gap Simulation impacts how we see the world. Every student should have the opportunity to experience the Racial Wealth Gap Simulation once in their lives to truly understand how world problems such as hunger and poverty could be reduced by laws supporting racial equity and equality.

Scholarship Engagement: Racial Wealth Gap Simulation



REFLECTIONS ON THE SANKOFA MOBILE MUSEUM

"There are four displays that I have chosen to write about. The first is of an African woman breastfeeding a white baby. Below the image, in bold letters, it read "but we still cannot drink from the same fountain." It is just completely incredible how irrational the slaves' (slave masters) thoughts were. How are you not okay with sharing the same water source, but your own infant can be breastfed by an African American woman? It really makes no sense to me. I do not think I will ever understand it. I guess it is not meant for me to understand, only to acknowledge and never let this history repeat itself again.

-Cassandra Lee

"The reason that America keeps repeating its mistakes is not that we have not learned from our history. It is because the darker or more controversial parts of history that do not make America look like the best country in the world are omitted from textbooks and most people never even have the opportunity to learn from historical mistakes. As the saying goes, if you do not learn from your history then you are doomed to repeat it. And America will continue to primarily support straight white men until all aspects of history are taught and made available. Then, they will realize that diversity is key to our success, there cannot be parties that divide the country because it takes the focus off working together for the common good. Then these parties are primarily run by old straight white men. Nothing will ever change if the country is continued to be run by the same demographic because they will consciously and subconsciously support others of the same demographic. Therefore, America has never been equal or truly run by the people because the people it is run by do not represent all the people. They represent one group and serve one group. This monopolizes the government, making it extremely difficult for other people to break through and change the way the United States is run."

-Grace Steffan

"From the first look, it was impressive, but I enjoyed listening to a lady that was guiding us through. I could feel pain in her words, she expressed all of her emotions in that short tour. I was speechless. Some of the pictures and articles shown there were hard to look at. Especially, all of the things used for torture. I am so happy that this disaster is over and people from all over the world are equal and able to achieve the same goals. I appreciate Barry for demonstrating such things and being so diverse. As an international student from Russia, it means a lot to me."

-Daria Didenko

"I have found it a curious thing, in modern American culture, that we cling to a particular blot on the fabric of our nation's history and tend to omit the 'whole' of the story. . .I believe the whole of American history regarding slavery is this: as an infant nation the custom of slavery as a common practice was carried over, upheld in part by familiarity and tradition. England, one of the first countries to abolish the barbaric practice, disestablished slavery in the year 1833. Many in our young nation abhorred slavery and worked faithfully until the day that freedom rang in America. No nation has been or ever was perfect but failing to observe the parts of history within the whole can leave us shortsighted and stuck clinging to that which prevents growth and the observation of truth. Given these points, ultimately, I appreciated the Sankofa mobile museum for its art and history. Yet, in all truth and sincerity, I feel as though the exhibit presented itself in a 'tint' that failed to recognize the whole of the story and failed to forgive that stain on our nation's past."

-Tahlia Bankston



Sponsored by the College of Arts and Sciences' Africana Studies, the Sankofa Mobile Museum traveled from South Carolina to Barry University for a two-day exhibition, featuring present stories and dramatizations about periods and historical figures in Black History.

About the curator: Ms. Angela Jennings began the mobile museum in 1995 and has traveled extensively to collect artifacts. "Sankofa" is a word in the Twi language of Ghana meaning "Go back and get it," and is associated with the proverb "It is not wrong to go back for that which you have forgotten."

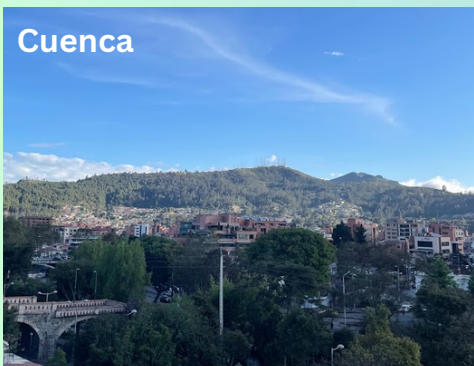
Climate Change in Ecuadorian Andes

By: Sophia Jauquet

Recently, I was blessed to spend my winter break in Ecuador, where my maternal family resides. I absolutely love visiting my family and the beautiful places in Ecuador. Ecuador is another home for me and visiting strengthens my culture and identity as an Ecuadorian. There are so many beautiful places to see in Ecuador. Someday I hope to see them all; however, as time progresses, the changes in weather affect many natural wonders in the country. For example, many glaciers or snow in parts of the Andean mountains of Ecuador have significantly lessened. The temperatures are dropping a no longer as cold as they once were.



One of the many natural beauties in Ecuador are the Andes Mountain. Every time I go to Ecuador, I visit my aunt and cousins in an Andean city called Cuenca. It is a very beautiful city surrounded by the Andes. On my recent visit to Cuenca, I noticed it was not as cold as usual, I did not need long sleeves and a jacket. On previous visits, I did need to bundle up as it was much colder, but with recent changes in the climate it was not needed.



Landslide in Quito, Ecuador 2022

Over the next years, climate change in the Ecuadorian Andes and the rest of the Andes is expected to increase. Warmer climates, droughts, floods, and intense rainfalls are expected to occur. Climate change in the Andes will affect crop production, since warmer climates mean drier soil. In order to reduce sudden changes in weather and lessen climate changes, many Andean countries seek to promote policies that will protect the forests, mountains, and natural world.

EXPLORING THE CULTURAL, HISTORICAL AND LIFESTYLE DIFFERENCES BETWEEN ITALY AND THE U.S.

BY DOMENICO DENARO

This article aims to explore the cultural, historical, and lifestyle differences between Italy and the United States. Understanding these differences can be beneficial for those who are considering traveling or working in either country, as well as for those who are simply interested in learning about different cultures. Additionally, knowing the Italian language can be an asset for job opportunities in Italy as well as for personal and business purposes.

As an Italian, who has spent time in both Italy and the United States, I have noticed significant differences in the pace of life and cultural priorities. Growing up in Italy, I was accustomed to the relaxed and laid-back culture, with a strong emphasis on food, family, and friends. However, upon visiting the United States, I was struck by the fast-paced and work-centered culture. Additionally, the United States has a diverse culture with many different languages spoken, and the opportunity to experience it firsthand was truly enriching. Italy and the United States are two very different countries with distinct cultures, histories, and ways of life.

Both countries have their own unique strengths and weaknesses, and they offer very different experiences to those who visit or live there. One of the most striking differences between Italy and the United States is their history.

Italy has a rich and ancient history, with a legacy of art, architecture, and culture that spans thousands of years. The country is home to some of the most famous landmarks in the world, such as the Colosseum, the Leaning Tower of Pisa, and the Sistine Chapel. In contrast, the United States is a relatively young country, with a history that dates back only a few hundred years.

However, the US also has a rich cultural heritage, particularly in the area of music and literature. Another major difference between Italy and the United States is the pace of life. Italy is known for its relaxed and laid-back lifestyle, where people take their time to enjoy life's pleasures. The culture is centered around food, family, and friends, and people often take long breaks during the day for lunch and siesta. In contrast, the United States is a fast-paced country where people are always in a hurry. The culture is centered around work and productivity, and people often have little time for leisure activities. The two countries also have different attitudes towards work and career.



In Italy, people often place a greater emphasis on enjoying life and spending time with family, while in the United States, people are more focused on career advancement and financial success. Additionally, the job market in Italy is not as strong as it is in the United States, and the economy is not as stable. The language is also a significant difference between Italy and the United States. Italian is the official language of Italy, and it is spoken by the majority of the population. The United States, on the other hand, does not have an official language, and English is the primary language spoken by the majority of the population. However, there are many other languages spoken in the United States, such as Spanish, Chinese, and French.

In terms of geography, Italy is a small country located in Southern Europe, while the United States is a large country located in North America. Italy has a Mediterranean climate, with mild winters and hot summers, while the United States has a wide range of climates, from the tropical weather of Florida to the arctic conditions of Alaska. Lastly, the political systems of Italy and the United States are also different. Italy is a parliamentary republic, while the United States is a federal presidential constitutional republic. This means that the executive branch of the government is separate from the legislative branch in the United States, while in Italy, the two branches are closely intertwined. In conclusion, Italy and the United States are two very different countries with distinct cultures, histories, and ways of life. Both countries have their own unique strengths and weaknesses, and they offer very different experiences to those who visit or live there.

While Italy is known for its relaxed and laid-back lifestyle, rich history, and art, the United States is known for its fast-paced lifestyle, strong economy, and diverse culture.

It's important to remember that although Italy has changed, the values that have always defined the nation such as family, food, and art remain as strong as ever. I feel proud to come from a country with such a rich history and culture, and I look forward to seeing how Italy will continue to evolve in the future.



A Personal Connection to "The Overstory"

By Daria Didenko

As part of my Honors Program journey, I am taking "HUM-199H: Dimensions of culture". The main book we read through the semester is "The overstory: A novel" by Richard Powers. Moving on with the reading, we get to know more characters from the book we read. Class presentations are very interesting and help me understand things I did not realize while reading the book myself. I enjoy listening to life examples of my classmates, and how we all share with each other.

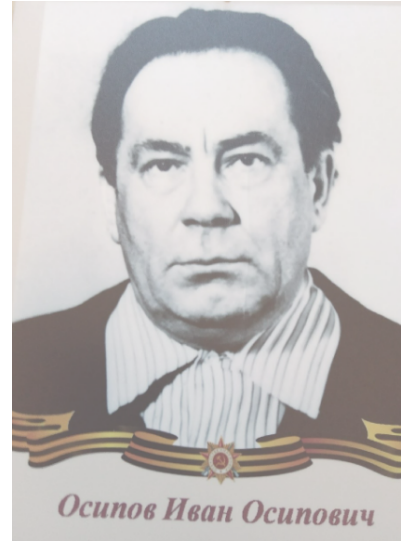
The character that definitely caught my attention is Douglas Pavlicek. He is a veteran. However, others say that he has an innocent and childlike personality. Some people see him as mentally askew in some way. He reminds me of my grand-grandfather.

My father's grandfather was a veteran of World War II. He walked (!) from Russia, the center of the country, to Berlin. It took him a few years, he was injured a lot of times, and went to military hospitals, but made it to Berlin. He was one of the first Soviet Union soldiers to cross the river that is located right next to the German city. He also participated in the liberation of Prague and Bucharest.

The description sounds like he was a rough person because not everyone is brave enough to participate and do a lot in wars. This is a terrible time and everyone was trying to end it as soon as possible. However, my grand-grandfather was the kindest person ever existing, Sadly, I was not able to meet him as he passed away before I was born. But my father was the one talking to him and he told me everything. Based on his words, my grand-grandfather never talked about the war. My dad tried to ask him million times but it was never successful. My grand-grandfather always started crying and never said a word. He never celebrated May 9th (that is the day when we celebrate the victory in Russia and post-Soviet Union countries) and was crying the entire day long. He was hurt a lot and lost a lot of friends while fighting for the country.

I know most of the information about his achievements through the internet. There are a lot of websites that provide you with everything you want to know if you just look up the name. I am very proud of my grand-grandfather and think that he is very similar to Douglas. They both had been through a lot and both are very kind and sweet. You would never say that they are veterans and were actually fighting with people.

To conclude, the class makes me think about my family and friends and analyze everything that is going on around me every day.



My grand-grandfather picture: (his name is Osipov (last name) Ivan (first name) Osipovic (patronymic))



Этот Осипов в боях за пригород Берлина уничтожил из личного оружия 3-х гитлеровцев. 27.04.45, при форсировании р. Шпрее переправившись первыми на другой берег реки открыл огонь из винтовки где тов. Осипов убил 1-го гитлеровца и одного пулеметчика, тем самым прикрывал и дал возможность своим товарищам переправиться через реку.

Record from a book about my grand-grandfather says "Osipov, in the battles for the suburbs of Berlin, destroyed 3 Nazis from his personal weapons. On April 27, 1945, when crossing the river Spree, crossing first to the other bank, he opened fire with a rifle where Osipov killed 4 Nazis and 1 machine gunner, thereby covering and allowing his comrades to cross the river".

Mindset

Dr. Carol S. Dweck Book Review By Julene Urkidi

Did you know that human qualities, such as intellectual skills, could be learned or you are one of those with the fixed mindset approach that thinks that either you are smart or you aren't, and failure means you aren't? Dr. Carol Dweck is a Stanford University psychology professor and the author of "Mindset: The New Psychology of Success." She suggests in her book that our mindset plays a critical role in our ability to thrive and achieve success. Dweck and her research have contributed to a better understanding of the attitudes and habits that allow some students to persevere in school despite significant obstacles.

Dweck's thesis is as follows: Our genes influence our intelligence and talents, but these characteristics are not fixed at birth. If you mistakenly believe that your abilities are determined by DNA and destiny rather than practice and perseverance, you have what Dweck refers to as a "fixed mindset" rather than a "growth mindset." Our parents and teachers have a large influence on the mindset we adopt, and that mindset has a significant impact on how we learn and the paths we take in life.

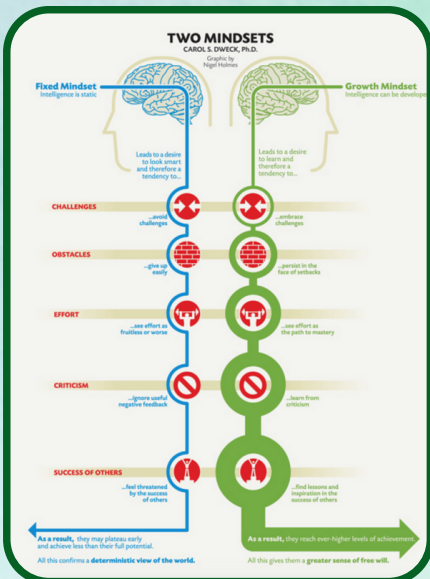
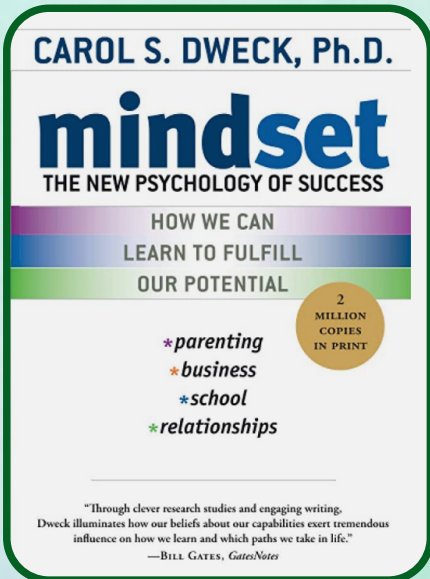
Dweck has demonstrated in experiment after experiment that the fixed mindset is a huge psychological roadblock—regardless of whether you believe you were gifted or not. If you have a fixed mindset and believe you were born with raw talent, you will spend most of your time trying to validate your "gift" rather than cultivating it. To protect your self-identity as someone who is extremely intelligent or gifted, you often avoid difficult challenges that could jeopardize that identity. Dweck puts it this way: "From the point of view of the fixed mindset, effort is only for people with deficiencies.... If you're considered a genius, a talent, or a natural—then you have a lot to lose. Effort can reduce you." For people with a fixed mindset, others' success may also make them feel threatened, and they may interpret constructive feedback as a criticism of their character or competence. This mindset can prevent people from reaching their full potential and stifle their personal and professional development.

In contrast, people with a growth mindset believe that one's abilities and intelligence can be developed and improved over time with effort and dedication. Individuals with a growth mindset see challenges as opportunities for growth and are willing to put in the effort necessary to overcome obstacles and achieve their objectives. This mindset promotes a love of learning as well as resilience and persistence. People who have a growth mindset are more successful in both their personal and professional lives because they focus on continuous improvement and are not discouraged by failures or setbacks. In Dweck's words "they believe a person's true potential is unknown (and unknowable); that it's impossible to foresee what can be accomplished with years of passion, toil, and training."

When it comes to achieving your goals and aspirations, having the right mindset is critical. Your mindset refers to your thoughts, beliefs, and attitudes about yourself, your abilities, and your potential. Your self-perception can either limit or propel your actions toward success. For example, if you believe you are not good enough or have no talents, you are likely to abandon your dreams before they even begin. Conversely, if you have a growth mindset and view challenges as opportunities to learn and grow, you are more likely to persevere and succeed in your pursuits.

Your mindset influences your motivation, resilience, and ability to persevere in the face of adversity. A positive, growth-oriented mindset assists you in overcoming setbacks, adapting to change, and remaining focused on your goals. As a result, it's critical to cultivate a mindset that supports your vision and goals. This can be accomplished through practice, introspection, and seeking inspiration from those who have gone before you. You can achieve great things and reach your full potential if you have the right mindset.

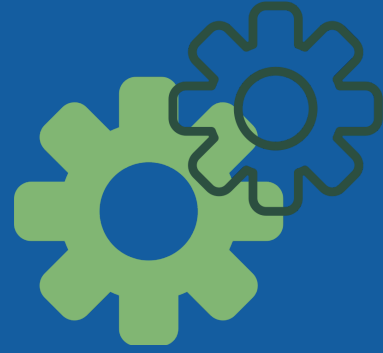
One of the reasons I love this book is because Dweck outlines the workshop she and her colleagues created to help students transition from a fixed to a development mindset in the book's concluding chapter, which makes this book solutions oriented. These workshops demonstrate that "just learning about the growth mindset can cause a big shift in the way people think about themselves and their lives."



MAINTAINING ACADEMIC INTEGRITY WITH CHATGPT

BY SEAN CHIN LOY

While ChatGPT can be an invaluable resource for students tight on time, it also presents a new set of challenges for professors. With the potential for students to misuse the technology in a dishonest way (for example, by creating essays from a prompt), it may become increasingly difficult for professors to distinguish between original work and plagiarized material. Additionally, the use of chatbots may challenge traditional teaching methods, as students may be more inclined to rely on the technology rather than engaging with course material in a more critical manner. However, it is important to note that ChatGPT was intended to be used ethically, and the technology implements code that prevents it from breaking certain ethical guidelines, such as generating content that promotes hate speech or promotes inaccurate information. With proper awareness and education, professors can better navigate these challenges and utilize the technology in a way that benefits both themselves and their students.



Here are some examples of how students can use ChatGPT ethically:

Generating ideas: Students can use ChatGPT to generate ideas for their assignments or projects. For example, if a student is struggling to come up with a thesis statement for their essay, they can input their topic into ChatGPT and use the generated response as a starting point for their own research and analysis.

Clarifying concepts: ChatGPT can also be used to clarify difficult concepts or ideas. If a student is having trouble understanding a particular topic, they can input their questions into ChatGPT and receive a simplified explanation that can help them better comprehend the material.

Getting instant feedback: Students can also use ChatGPT to get instant feedback on their work. For example, if a student has written an essay, they can input their work into ChatGPT and receive feedback on their grammar, structure, and overall coherence.

Summarizing lengthy readings: ChatGPT can be used to summarize lengthy readings or articles, helping students to save time and better understand the key points of the text.

Learning new vocabulary: Students can use ChatGPT to learn new vocabulary words and phrases. By inputting a word or phrase into ChatGPT, they can receive a definition and examples of how the word is used in context.

Citations: When using ChatGPT to generate ideas or content, it is important to recognize where the information is coming from and to credit the source. This can help prevent issues of plagiarism and ensure that students are not passing off the work of others as their own. By citing sources, students can also demonstrate the depth and breadth of their research, which can be a valuable skill in itself.

These are just a few examples of how students can use ChatGPT ethically to enhance their learning experience. While it is a sophisticated tool, it is not infallible, and may not always provide the most accurate or complete information. Students should approach the technology with a critical eye and be willing to question the information they receive, using their own research and knowledge to fill in any gaps. By doing so, students can ensure that they are not only maintaining academic integrity, but also developing their critical thinking skills, which can benefit them in their academic and professional careers.

Women In Athletics

By Denise Rosado

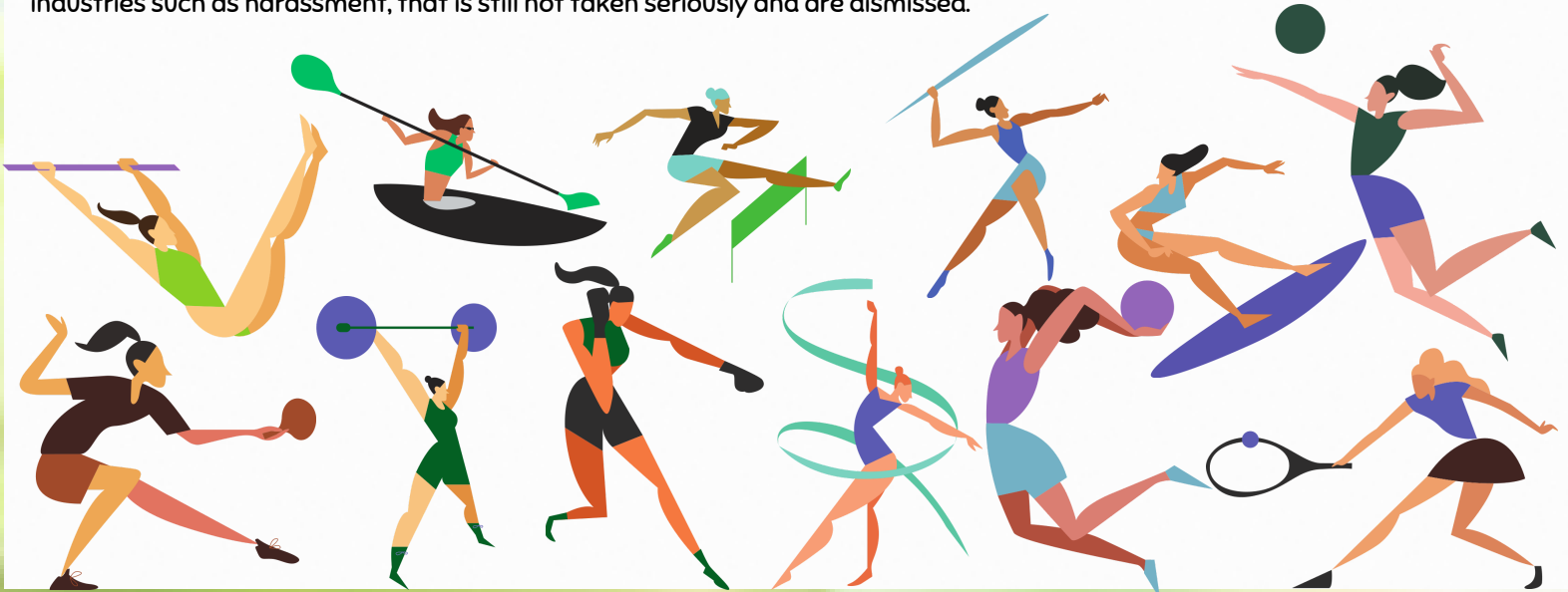
Throughout Women's History Month, we celebrate women and their impact throughout history. However, women in male dominated spaces often face disrespect, sexual harassment, sexism, etc. Women have to work harder to achieve even the basic means of respect from their peers or from other people within the industry. It is very important to bring awareness to what women go through when participating or working in male dominated industries, as people often brush off these problems.

Having women in sports is super important not only to inspire girls, but also to provide women a chance to play their favorite sports professionally. I went around and asked some women who play sports at Barry University to share their experiences and feelings on the topic. Rebecka Mellor, an Education major, fellow Honors Program student, and a member of the softball team, expressed that, "There are more struggles for women in sports than men, from funding to opportunities to the view society has of us. I have faced lots of stereotypes and obstacles being a woman in sports. As compared to men, it has always been sad to think that there is no real future for me being a woman in sports whereas men can make lots of money and have lots of opportunities in sports post college."



When it comes to funding, this is shown throughout stadiums and places the athlete's practice. A great example is also the crowds in women's vs men's games. Typically, in men's games, stadiums are packed and fans interact, whether through clapping if they score or cheering them on. However, when it comes to women's games, there is not much of a crowd within the bleachers and the crowd does not interact in an active way compared to male games. Because there are less fans, some may deem it understandable that there is less 'funding' due to less people buying tickets to the games. However, it is not reasonable considering everyone is working just as hard practicing and putting on a great game for fans— big or small groups— to enjoy. As Mellor mentioned, funding and opportunities are typically low for women in sports and women are typically paid less in sports. Another great example is when the U.S. women's soccer team had a lawsuit where they sued the U.S. Soccer Federation because they got paid less than the men's team. This is considering they had not won a lot of games or tournaments, and got paid more. Mellor brought up a point about the opportunities in sports post college. Several athletes decide to not continue a sport professionally after college due to lack of support and opportunities in schools as much men teams do. This includes specifically football, as the main sport that everyone focus on.

As the U.S. women's soccer team lawsuit reached its decision, it received a pledge from the soccer federation to give equal pay for both women and men teams, and as well as receiving the pay they deserved from winning games and tournaments. Moments like these help women, but this problem should have been resolved years ago as women and men should be paid equally when they are pushing the same amount of effort playing and practicing. There are still problems women face within the male dominated industries such as harassment, that is still not taken seriously and are dismissed.



Harvard University Free Online Courses

By Brendalis Puig

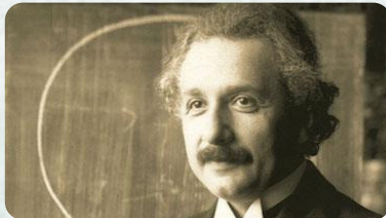
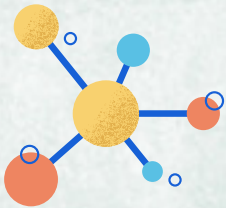
Harvard University is one of the most prestigious universities in the world. Many people dream about studying there, but with their high standards, expensive tuition fees, and low acceptance rate of only 4% is almost impossible. However, what if I tell you that you can access courses at Harvard University for free?

In May of 2012, in collaboration with the Massachusetts Institute of Technology, Harvard University created “edX” an online course service that provides students worldwide with university-level courses in a wide range of fields. Many of these courses are entirely free.

edX is a tool that helps students learn a variety of skills and has now become a popular platform for students, breaking the wall of main obstacles which deny students their education, such as location and expensive fees. With more than 2000 available courses from many other prestigious universities, such as Massachusetts Institute of Technology, Yale, Columbia, NYU, Princeton, Stanford, and many more. 145 of these courses are from Harvard. I will now walk you through the top 10 free courses you can have access to. If you are interested in any of these courses visit edx.org for more information.

The Einstein Revolution

This course will expose you to important physics concepts and modernist poetry that aligns with relativity. With this course, you will learn Albert Einstein’s connection with relativity, quantum mechanics, Nazism, nuclear weapons, philosophy, arts, and also technology.



Remote Work Revolution for Everyone

Remote jobs are taking over the work industry, and with this course, you will learn everything you will need to be able to adapt to a virtual working environment using important digital tools.

Statistics and R

This course provides basic concepts of statistics and R programming. Students will learn to compute p-values and confidence intervals while analyzing data with R code.

Rhetoric: The Art of Persuasive Writing & Public Speaking

This course is an introduction to persuasive speech and writing. Here you will learn how to elaborate and defend one of the most important skills required in public speaking: defend coercive arguments. This course will teach you how to analyze other people’s arguments.

Economic Foundations of Pricing

With this course, you will learn the foundation of economics and the basis of pricing options.



Customer-Centric Innovation

This course will explain the essence of elaborating customer-focused business ideas, which is one of the key elements to successful management.

Justice

This course is one of the most popular courses at Harvard University. This introductory course will analyze moral and political philosophy. In addition, it examines classical contemporaries of justice and its current use cases. Students can submit their opinion regarding controversial topics which will be critically analyzed.

CS50’s Introduction to Computer Science

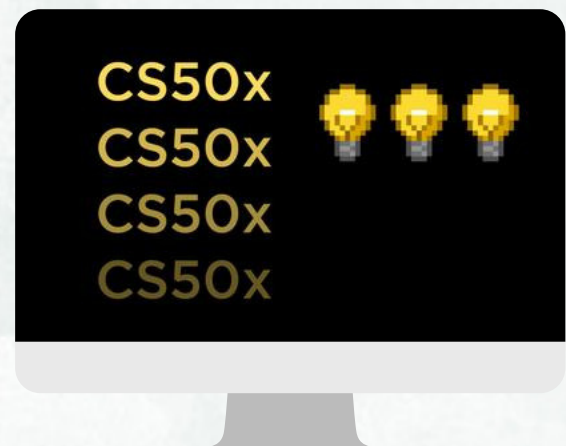
This entry-level course for computer science and programming will teach you to think logically and how to solve problems effectively.

CS50’s Web Programming with Python and JavaScript

This free course will teach you the principles of web programming using Python and JavaScript. You will understand how to write APIs, create interactive UIs, and use GitHub.

CS50’s Introduction to Artificial Intelligence with Python

With artificial intelligence taking over the world, this course will explore the foundation of modern AI. In addition, this course will expose you to game engines, handwriting recognition, and machine translation.





A LETTER TO OURSELVES

By Brianna Lopez

Editors' Note. An HP Alumna, Brianna Lopez is the Assistant Production Editor at Penguin Random House.

>>> YOU ARE A LIGHT

on your darkest days, a luminescent path
toward joy and hope
you glimmer amongst flickering bulbs,
showing off for your counterparts

you are my north star
the avenue i cross to meet happier days
i'll follow you into the dark
because darkness is a rarity with you—
you remind me of the moon,
light in spirit and in heart
the stars look up to you

even when you are not whole,
you shine.

BRIANNA L. -

"Consider it a "mantra"
for anyone to recite to
themselves. It is a
reminder of strength."

Barry University is honored to host special guest Michael Kushner on Tuesday, April 4th at 7:30PM in the Gato Gallery!

Michael is a professional actor, photographer, producer, and writer. In his new book, *How to be a Multihyphenate in the Theatre Business*, he focuses on the how-to's of personal reinvention, productivity, and career success. This was born from his extremely popular podcast, "Dear Multi-Hyphenate" where he interviewed myriad Tony and Emmy Award winning guests from Broadway, film, and television including Charles Busch, Sarah Jones, Moisés Kaufman, Carson Kressley, Christine Pedi and the legendary Carol Burnett.

This will be a perfect evening. Full of insight and inspiration, it will be a catalyst not only for artists, but a brilliant spark for business students or simply the people wanting to expand their skillset but just feel stuck. Michael Kushner is a textbook example of a successful artist and entrepreneur. Do not miss the opportunity to join us!

For more information, contact kblecha@barry.edu.

DEAR MULTI-HYPHENATE

WHAT'S IT ABOUT?

Dear Multi-Hyphenate is an inspirational theatre, tv, and film podcast featuring artists who have multiple artistic proficiencies, lucrative ways of creating, and effective ways of building an audience.

OUTSTANDING EPISODES (CLICK TO LISTEN)

CAROL BURNETT
RACHEL BROSNAHAN
CARSON KRESSLEY
DOUGLAS LYONS
STEPHEN ADLY GUIRGIS
SARAH JONES
LEIGH SILVERMAN
MOISÉS KAUFMAN

CONTACT ME

www.dearmultihyphenate.com
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[@themichaelkushner](https://twitter.com/themichaelkushner) ✓
dearmultihyphenate@gmail.com

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IN THE PRESS



VOGUE

[Behind the Scenes of the Smash-Hit Musical SIX From Broadway With Love](#)

PLAYBILL

[Announcement of release of How to be a Multi-Hyphenate in the Theatre Business](#)

[5 Photographers Share Their Advice for Creating the Perfect Headshot](#)

[Wesley Taylor and Michael Kushner Screen New Short Film XaveMePlease](#)

[Go Inside Season 3 Premiere of Alex Wyse and Wesley Taylor's Indoor Boys](#)

[A Look Inside Idina Menzel's Holiday Celebration at Carnegie Hall](#)

backstage

The New York Times

THEATRIBLY

www.michaelkushneronline.com
www.michaelkushnerphotography.com
www.dearmultihyphenate.com



The Honors Program Presents: Graduating Seniors and Their Theses

The Honors Program is proud to announce the following May or June 2023 graduating seniors who are working diligently to complete their Senior Honors Thesis. The seniors' defense schedule will be posted in the next issue.

Jessica Bosch:

Shift from Allopathic Medicine to Alternative Medicine

Alyssa Diaz:

The Psychological Impacts of Instagram on Self-Esteem, Body Image, and Mental Health Among Young Women

Ann-Stacey Dumornay:

The Relationship between Self-Efficacy and Mental Health Help-Seeking Intentions Among Veterans

Shanieya Harris:

Spanish Linguistic Literacies and Language Acquisition in America

Jennie Iudice:

An Examination of Immigration Policies and The Implications in the United States

Cassandra Lee:

The Digitalization of Accounting: A Research into the Implications of Blockchain Technology in the Auditing Domain

Nicole Lentz:

Women's Beauty Standards and Social Media: The Idea of Self-Love

Mia Tubbs:

Language Barriers and Prison Treatment

Rebeca Miranda: The Shift Towards Accessible and Affordable Quality Musical Instruction for Public School Students

Sky Benton: Examining Programs in Juvenile Center: The Connection Between Programs and Recidivism Rates

